5. The Elderly

Estimates of Population Aging Rates and Numbers of Elderly People Age 65 and Older (by Sex)

As of October 1, 2015, Japan's population aging rate (the population ratio of people age 65 or older over the total population) had reached 26.6%, with 23.7% for men, and 29.4% for women. Women account for 56.7% in the population of people age 65 or older.

Relationship of Main Caregiver to the Person Requiring Care, etc.

58.7% of main caregivers are relatives living together (spouse/child/child’s spouse/parent/other relatives), and women account for 66.0%.