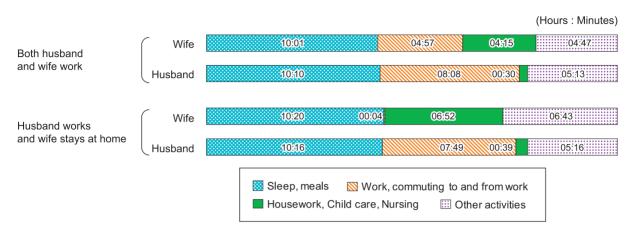
## 4. Work-life Balance

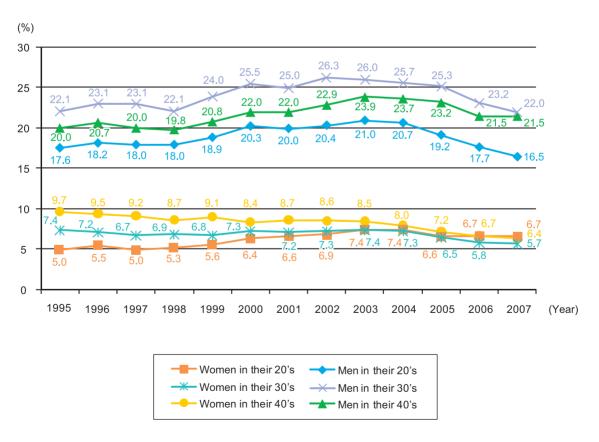
## Time Use of the Day by Married Couples



Source: "2006 Survey on Time Use and Leisure Activities," Ministry of Internal Affairs and Communications

Time spent by husband for housework, child care, nursing is very short - only approximately 30 minutes a day - regardless of whether or not wife is working.

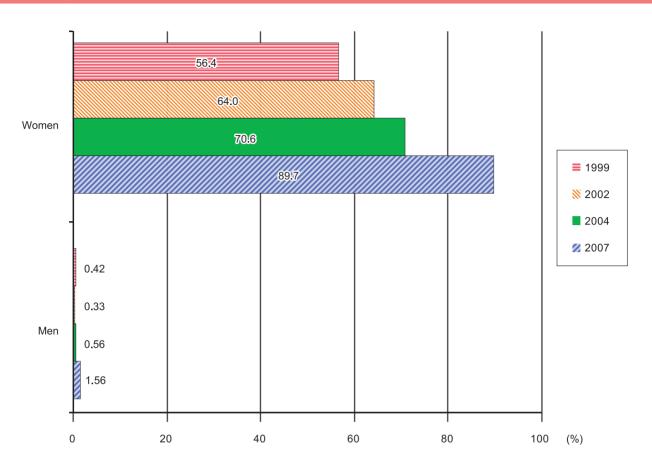
## Proportion of Full-time Workers Working 60 Hours or More per Week



Source: "Labour Force Survey," Ministry of Internal Affairs and Communications Note: "Full-time workers" are those who work 35 hours or more per week.

More than one out of five male workers in their 30's and 40's works 60 hours or more per week.

## **Consumption Rate of Child Care Leave**



Source: "Basic Survey on Equal Employment, 2007," Ministry of Health, Labour and Welfare

Note: The consumption rate of child care leave of women represents the proportion of women taking child care leave to the total number of
female workers with newborns. The consumption rate of child care leave of men represents the proportion of men taking child care leave to
the total number of male workers with spouses who have given birth.

The rates for both sexes have substantially increased, though the consumption rate of child care leave of male workers remains relatively low.